

Ring Size Guide

Method 1

This method will be extremely helpful for you to determine the ring size that you need. You can either make use of tape or a small piece of string to measure the diameter of the ring. For extra width, you can add another size to accommodate.



Step 1

- Wrap a string, piece of paper, or fabric around the base of the finger on which you plan to wear your ring
- Make sure the string is snug, but not tight; mark the spot where it overlaps



Step 2

- Measure the string in Inches/MM using a ruler and refer to the chart below to find your perfect size

Ring Size (Indian)	Circumference	
	Inches	MM
1	1.61	41.01
2	1.64	42.70
3	1.69	42.90
4	1.72	43.60
5	1.76	44.80
6	1.81	46.10
7	1.87	47.40
8	1.89	48.00
9	1.92	48.70
10	1.97	50.00
11	2.02	51.20
12	2.04	51.90
13	2.09	53.10
14	2.14	54.40
15	2.16	55.10
16	2.22	56.30
17	2.24	57.00
18	2.30	58.30
19	2.32	58.90
20	2.37	60.20
21	2.39	60.80
22	2.44	62.10
23	2.47	62.70
24	2.52	64.00
25	2.54	64.60
26	2.59	65.90
27	2.65	67.20
28	2.67	67.80
29	2.72	69.10
30	2.80	71.00

Method 2

There is another method that can also be considered for determining the appropriate ring size. It measures the inside diameter of the ring in use. This is normally used for double checking your results.

Step 1: Take a finger ring, place it on the scale.



Step 2: Measure the inner diameter.

Step 3: Use the following chart to determine your ring size.

Ring Size (Indian)	Diameter	
	Inches	MM
1	0.51	13.1
2	0.52	13.3
3	0.54	13.7
4	0.55	13.9
5	0.56	14.3
6	0.58	14.7
7	0.59	15.1
8	0.60	15.3
9	0.61	15.5
10	0.63	15.9
11	0.64	16.3
12	0.65	16.5
13	0.67	16.9
14	0.68	17.3
15	0.69	17.5

Ring Size (Indian)	Diameter	
	Inches	MM
16	0.71	17.9
17	0.71	18.1
18	0.73	18.5
19	0.74	18.8
20	0.75	19.2
21	0.76	19.4
22	0.78	19.8
23	0.79	20.0
24	0.80	20.4
25	0.81	20.6
26	0.83	21.0
27	0.84	21.4
28	0.85	21.6
29	0.87	22.0
30	0.88	22.3

Useful tips

There are a few environmental and physical factors that should be taken into consideration before deciding on the size of the ring you want to buy, but remember that when it comes to guessing your partner's ring size, guess on the large side as it's easier to size a ring down

Average ring sizes

Keep in mind the average ring size range for women is between 9 and 14 (India), while sizes commonly range from 17 to 22 (India) for men. If you have no other information available, it's best to choose between these ranges.

Time of the day

An ideal time to measure finger size is in the evening. Most people's fingers tend to be at their largest in the evening and smaller in the morning. Measuring your finger size in the evening will guarantee a comfortable fit.

Thicker bands

Thicker ring bands (larger than 6mm) will fit tighter. It is advised to always go for half a size up when purchasing a thicker band, for the ring to be comfortable.

Please note that the information in the guide is provided for guidance only and Carat & Kin is not responsible for any errors that occur as a result of using this guide.